

Name: \_\_\_\_\_

State/Country: \_\_\_\_\_

Last, First Middle – Must Match Your Identification Documents

Spell Out

# FORM 6: MEDICAL INFORMATION (PAGE 1)

**Delegates to the NYSCamp are required to have a physical examination by a medical professional prior to participating in the NYSCamp. Please schedule an appointment for this physical examination immediately and take this form with you to be completed and signed at the time of the physical examination. Please submit the completed form as soon as possible by uploading it as an Adobe Acrobat (\*.pdf) attachment to <http://forms.nyscamp.org>.** The information collected on this form is necessary to identify and provide appropriate medical care; provide complete information so that the NYSF can be aware of individual needs. The information provided is protected as required by the *Health Insurance Portability and Accountability Act (HIPAA)*. Any changes of the information on this form after it is submitted must be provided to the NYSF upon the participant's arrival. **You are required to provide proof of medical insurance coverage by uploading a copy of both sides of your medical insurance card to <http://forms.nyscamp.org>.** Be sure that the insurance card provides the following information: policy holder's name and address, employer's name, policy and/or group number, and the name and address of the insurance company. International participants will be enrolled in insurance through the State Department and DO NOT need individual insurance to participate. Please notify the NYSF if the participant is exposed to any communicable disease during the four weeks prior to arrival.

Date of Birth: \_\_\_\_\_ Age while at Camp: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Emergency contact, if parent not available: \_\_\_\_\_

Address: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ or \_\_\_\_\_ Phone: \_\_\_\_\_ or \_\_\_\_\_

### Explain any restrictions to activity and required accommodations on the Medical Information (Supplemental Page).

#### Permission to Provide Medical Treatment or Emergency Care:

As the legally recognized parent or guardian of the individual named above, by signature below, I hereby give authority and permission to the National Youth Science Foundation, its staff, and licensed medical professionals to obtain and provide necessary medical treatment, including, but not limited to, diagnostic X-rays, routine tests, and treatment, including hospitalization; to release any records necessary for medical or insurance purposes; to provide or arrange necessary related transportation for my child; to administer, as needed, the over-the-counter medications listed below (strike through any exceptions); and to copy this completed form (to accompany the participant on trips outside of our facility). I understand that every practical effort will be made to contact me or other parents or guardians of the participant if a medical emergency occurs.

#### Over-the-Counter Medications and indications:

- Sunscreen and insect repellent, topically
- Dayquil, Nyquil, for cold symptoms
- Antacid, for upset stomach
- Milk of Magnesia, for constipation
- Imodium, for diarrhea
- Calamine/hydrocortisone, topically, for itch/contact dermatitis
- Bacitracin/Triple Antibiotic Ointment, topically, for infection prevention
- Robitussin (Guaifenesin), per weight/age dosing for cough
- Benadryl (Diphenhydramine) oral, per directions for weight/age for rash/itch, rhinitis, sneezing, itchy eyes without acute asthma episode
- Tylenol, per weight/age dosing, for pain, fever, headache
- Motrin, per weight/age dosing, for pain
- Throat lozenge, for sore throat
- Dramamine (Dimenhydrinate)/meclizine, for motion sickness
- Epinephrine and Benadryl, for severe anaphylactic reaction



Parent or Legal Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please remember to enclose a copy of both sides of your medical insurance card along with this completed form.**

**I understand and agree to the above and to abide by any and all restrictions placed on my camp activities.**

#### General Questions

Has/does the participant:	Yes	No		Yes	No
1. Have a life-threatening allergy?	<input type="radio"/>	<input type="radio"/>	17. Ever had back problems?	<input type="radio"/>	<input type="radio"/>
2. Had any recent injury, illness or infectious disease?	<input type="radio"/>	<input type="radio"/>	18. Ever had problems with joints? (e.g. knees, ankles)?	<input type="radio"/>	<input type="radio"/>
3. Have a chronic or recurring illness/condition?	<input type="radio"/>	<input type="radio"/>	19. Have any skin problems?	<input type="radio"/>	<input type="radio"/>
4. Ever been hospitalized?	<input type="radio"/>	<input type="radio"/>	20. Have diabetes?	<input type="radio"/>	<input type="radio"/>
5. Ever had surgery?	<input type="radio"/>	<input type="radio"/>	21. Have asthma?	<input type="radio"/>	<input type="radio"/>
6. Have frequent headaches?	<input type="radio"/>	<input type="radio"/>	22. Had mononucleosis in the past 12 months?	<input type="radio"/>	<input type="radio"/>
7. Ever had a head injury? Concussion?	<input type="radio"/>	<input type="radio"/>	23. Had problems with diarrhea/constipation?	<input type="radio"/>	<input type="radio"/>
8. Ever been unconscious from a blow to the head?	<input type="radio"/>	<input type="radio"/>	24. Have problems with sleepwalking?	<input type="radio"/>	<input type="radio"/>
9. Wear eyeglasses, contacts, or protective eye wear?	<input type="radio"/>	<input type="radio"/>	25. If female, have an abnormal menstrual history?	<input type="radio"/>	<input type="radio"/>
10. Ever had frequent ear infections?	<input type="radio"/>	<input type="radio"/>	26. Have a history of bed-wetting?	<input type="radio"/>	<input type="radio"/>
11. Ever passed out during or after exercise?	<input type="radio"/>	<input type="radio"/>	27. Ever had an eating disorder?	<input type="radio"/>	<input type="radio"/>
12. Ever been dizzy during or after exercise?	<input type="radio"/>	<input type="radio"/>	28. Ever had mental health difficulties requiring professional help?	<input type="radio"/>	<input type="radio"/>
13. Ever had seizures?	<input type="radio"/>	<input type="radio"/>	29. Have anxiety?	<input type="radio"/>	<input type="radio"/>
14. Ever had chest pain during or after exercise?	<input type="radio"/>	<input type="radio"/>	30. Have depression?	<input type="radio"/>	<input type="radio"/>
15. Ever had high blood pressure?	<input type="radio"/>	<input type="radio"/>	31. Have a gastro-intestinal problems?	<input type="radio"/>	<input type="radio"/>
16. Ever been diagnosed with a heart murmur?	<input type="radio"/>	<input type="radio"/>	32. Have any other medical or psychological conditions?	<input type="radio"/>	<input type="radio"/>

**Use the Medical Information (Supplemental) page to explain each "yes" answer, noting the number of the question.**

Please upload each form to <http://forms.nyscamp.org> as soon as it is completed.

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# FORM 6: MEDICAL INFORMATION (PAGE 2)

**Immunizations** (Please fill out as completely as possible.) *Participants are required to have a tetanus immunization before participation.*

Which of the following diseases/illnesses has the participant had?	Please give all dates of immunization for:								
<input type="checkbox"/> Measles	Vaccine: DTP / TDAP	Date: Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr	Mo/Yr
<input type="checkbox"/> Chicken pox	TD (tetanus/diphtheria)	_____	_____	_____	_____	_____	_____	_____	_____
<input type="checkbox"/> German measles	Tetanus*	_____	_____	_____	_____	_____	_____	_____	_____
<input type="checkbox"/> Mumps	Polio	_____	_____	_____	_____	_____	_____	_____	_____
<input type="checkbox"/> Hepatitis	MMR	_____	_____	_____	_____	_____	_____	_____	_____
	or Measles	_____	_____	_____	_____	_____	_____	_____	_____
	or Mumps	_____	_____	_____	_____	_____	_____	_____	_____
	or Rubella	_____	_____	_____	_____	_____	_____	_____	_____
<b>TB Test</b>	Haemophilus influenza B	_____	_____	_____	_____	_____	_____	_____	_____
Date of last test _____	Hepatitis B	_____	_____	_____	_____	_____	_____	_____	_____
Result: <input type="checkbox"/> Positive <input type="checkbox"/> Negative	Varicella (chicken pox)	_____	_____	_____	_____	_____	_____	_____	_____
	BCG	_____	_____	_____	_____	_____	_____	_____	_____

**Physical Examination** (This portion must be completed by a licensed medical professional.)

A check mark (✓) indicates "satisfactory." Please explain unsatisfactory categories on the **Medical Information (Supplemental)** as necessary.

_____ Height	_____ Lungs	_____ General Appraisal
_____ Weight	_____ Abdomen	_____
_____ Blood Pressure	_____ Genitalia	_____
_____ Eyes	_____ Hernia	_____
_____ Ears	_____ Posture (spine)	_____ Recommendations and Restrictions:
_____ Nose	_____ Extremities	_____
_____ Teeth	_____ Skin	_____
_____ Throat	_____ Urinalysis Test	_____
_____ Heart	_____ Hemoglobin Test	_____

**Allergies** – List all known allergies. (This portion must be completed by a licensed medical professional.)

<i>Allergen</i>	<i>Life Threatening?</i>	<i>Describe Reaction</i>	<i>Describe Management</i>
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____

**Life threatening allergies: please describe the reaction and management plan on the Medical Information (Supplemental) page.**

**Medications** (This portion must be completed by a licensed medical professional.)

Please list ALL medications, including over-the-counter or non-prescription drugs, taken routinely. Bring sufficient amounts of medication to last the entire time at camp. Keep these medications in the original package or bottle that identifies the prescribing physician (if a prescription drug), the name of the participant, the name of the medication, the dosage, and the frequency of administration. Each participant is responsible for taking daily medications and storing them properly and securely.

This person takes medications as follows (please attach additional pages as necessary):

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_  
Reason for taking \_\_\_\_\_

Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_  
Reason for taking \_\_\_\_\_

**Licensed Medical Professional's Information** (must be a MD, DO, PNP, NP, PA or equivalent).

Name (please print) \_\_\_\_\_ Address \_\_\_\_\_

Telephone number (including area code) \_\_\_\_\_

← PLEASE SIGN HERE

Licensed Medical Professional's Signature \_\_\_\_\_ Date \_\_\_\_\_

This health history is correct and complete as far as I know.

Parent or Legal Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_ Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

← PLEASE SIGN HERE

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